

SELF-ESTEEM AND SOCIAL RELATIONSHIPS

THERAPY GROUP FOR TEEN GIRLS

TOPICS INCLUDE:

- Coping skills
- Building self-compassion
- Body image positivity
- Conflict resolution skills
- Peer relationships

Facilitated by: Madison Gabriel, MS, LCMHCA,
NCC with Egan Counseling & Consulting

FOR TEEN
GIRLS
GRADES
9-12

8-WEEK
GROUP

- Thursdays 5-6pm
- Starting Feb. 2,
2023

- Cost: \$50/ Session
- Located in South
Charlotte

Location: Egan Counseling & Consulting, 6926
Shannon Willow Rd, Suite 400, Charlotte, NC 28226

FOR MORE INFORMATION PLEASE CONTACT:

Support@egancounseling.com